

Gulf Coast Consultation in Child and Adolescent Psychiatry (G-CAP)



Helping you care for your patients

In Terrebonne, Plaquemines, St Bernard, St Mary, and New Iberia

Tulane's Child Psychiatry G-CAP is a member of the Spirit of Hope Collaborative administered by Catholic Charities with funding from BP

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Overview of the project

The G-CAP project includes 4 major components intended to support primary care physicians' ability to assess and manage primary care mental health problems in their pediatric patients and to provide support in identifying those children who need more specialized services.

The four components are

- Warm Line
- Resource guide
- Continuing Medical Education
- Consultation appointments

Warm Line

- * 15 hours per week of child psychiatry consultation by phone
- * Calls returned within 1 business day
- * Consultation for assessment, differential diagnosis and treatment decisions
- * Written feedback and detailed recommendations

Resource Guide

- * Available on our website www.gcap.tulane.edu
- * Assessment tools at your fingertips
- * Primary care management of common child psychiatric problems
- * Parent resources

Local or web-based continuing education

- * Topics tailored to your needs

Consultation appointments

- * One-time consultation appointments at Tulane to provide feedback to you about diagnosis and treatment recommendations

Who is on the G-CAP team? G-CAP consultants are all members of the Division of Child and Adolescent Psychiatry at Tulane University School of Medicine

Madeleine Blancher MD FAAP *is a practicing pediatrician with specialty training in child psychiatry*

Mary Margaret Gleason MD FAAP *trained as a triple boarder in pediatrics, psychiatry, and child psychiatry and is on the Tulane faculty. She is the project coordinator.*

Andrea O'Leary MD *also trained as a triple boarder at Tulane and is on the Tulane faculty*

Marilyn Roby MD FAAP *practiced as a pediatrician before returning to train in psychiatry and child psychiatry at Tulane*

Jacqueline Henschke, MD *is a Stanford-trained child and adolescent on the Tulane faculty. She is the project lead consultant.*

Basic Contact Information

Warm Line: The (temporary) warmline number is (504) 988-4653.

Call the warm line during our warmline hours (see below) to talk with a consultant about general or specific mental health treatment questions. We are happy to answer any questions, but expect that the following areas will be the most helpful

- Assessment strategies for emotional or behavioral issues
- Medication choices
- Medication strategies
- Identifying patients in need of referral
- Primary care level behavioral strategies

We will provide a written summary of the question and the recommendations after our phone discussion with you.

Feel free to call and leave a message between the warmline hours. We ask that you leave as much information about the question as possible so we can provide the best possible response when the warmline is open. Helpful information includes

- Your name
- Child's age
- Diagnosis or clinical problem
- Type of question (e.g. medication choice for depression, differentiating between ADHD and bipolar disorder....)

If you prefer, you can fax the question to us using the referral form (p.***). A consultant will call you back during the next warmline hours. If we do not reach you, we will do our best to provide written feedback and will continue to call during warmline hours. The more information we have about the question, the better that response will be.

During the off hours, you may leave a message or fax a consultation form to us and you will receive a call during the next warmline consultation period. During warmline hours, we will do our best to help you think through urgent issues.

However, please do not use the fax, email, nor off-hours warmline for emergency issues as we cannot provide emergency off-hours support.

Also, please keep in mind that the information we share with you is a consultation only, based upon the information you provide the consultant and does not substitute for your careful medical judgment. We cannot take responsibility for the care of your patients.

Warmline hours

Monday: 9-11 am

Tuesday: 4-7 pm

Wednesday: 8 am-12 pm

Thursday: 9am -5pm

Please let us know if additional evening or weekend hours would be helpful!

Fax: (504) 988 4264

We can accept fax copies of questions or referral information if you prefer fax to the voice mail.

Website: gcap.tulane.edu

Our website includes updated hours, contact information, and the resource guide. Feel free to use liberally!

Email: gccap3@gmail.com

Our email box is on the gmail system and is not HIPAA level secure, so please do not send patient information to the email box. However, we are happy to respond to logistical and scheduling issues over email. Our email will be checked during warmline hours.

Continuing education:

During our initial discussion with you, we will ask you about topics that would be helpful to you. CME topics may be done in person or over the web, depending on availability and preferences.

Consultation appointments

We will have limited numbers of appointments for patients to be seen for a one time consultation appointment at our offices in New Orleans. The goal of these appointments is to assist with assessment and specific treatment recommendations. If you think a patient would benefit from a one time consultation, please discuss with a consultants. These patients will remain your patients, but the consultant will provide detailed written recommendations for next steps in management.

Confidentiality

Because we recognize that we may receive more than one call about a given child, we will ask you for the child's name and birthday to allow us to track the questions and the recommendations we give you. This information will be maintained on a password protected document on an encrypted server and will be accessible only to the consultation team. If you prefer not to provide a name, we can still provide consultation.

Project Costs

There are no costs to you to participate in this program. The program is funded by BP to provide support to oil-spill affected areas and administered by Catholic Charities.

Program Evaluation

The funders need to demonstrate that the financial investment in the mental health of children in oil-spill affected areas was well-spent. Therefore, we will ask you for demographic information about the child about whom you are calling. (You can still call with general questions as well!). This information includes age, zip code, insurance status, and impact of the oil spill on the family.

In addition, we have received approval from Tulane's Institutional Review Board to evaluate the impact of the project on clients served and primary care providers. Participation in this research project is voluntary.



Physician Background Form

Team Use Only

Name: _____

ID: _____

Gender: ____ Age: ____

Number of years in practice: _____

Residency training: Pediatrics Family Practice Med-Peds Other _____

Any specialty training? No Yes: _____

Board certification: None ABP ABFP other: _____

Practice Name: _____

Practice Address: _____

Practice Backline or accessible number: _____ Best email address: _____

Number of MDs in practice: ____ Number of NPs in practice: ____

Approximate percentage of children in your practice who have public insurance:

0 10 20 30 40 50 60 70 80 90 100

Please rate your perception of how the Oil Spill has affected your practice

	Substantial increase	Increase	No Change	Decrease	Substantial decrease
Patient Volume					
Patient Family Stress					
Patient family violence					
Patient mental health severity					
Patient mental health prevalence					
Provider/staff stress					

Comments:

Please let us know if you have specific requests for continuing education programs or resources you would like from this project.

Thanks!

Fax to 504-988-4264 or email to gccap3@gmail.com



Off hours Consultation Form

Date of consultation: _____

Practice Information:

Pediatric Practice Name: _____

Consulting Physician Name: _____

Pediatric Practice Contact Information:

Backline Phone number or best number to reach you during next warm line session: _____

Fax number: _____

Patient Information (enter any information relevant to your consultation question):

Child/Client Name: _____

Date of Birth or age in years and months : _____

Pertinent Medical History: _____

Current Medications: _____

Allergies: ___ NKDA ___ Other: _____

Is the client/family receiving any therapeutic, community, or social services? Please specify:

Has the family/child been impacted by the BP Oil Spill? (i.e.: job loss, job gain, lifestyle changes, etc.) Please specify:

Consultation Information:

Type of consultation:

Diagnostic School issue Resources-community access

Medication question Non-patient related mental health question

Advice for parent Other, please specify: _____

Consultation question/request:

Please fax to G-CAP at (504) 988 4264. You will receive a call during the next warmline session. Please check the website for schedule. Please do not fax urgent requests to G-CAP, as we are not an emergency service and cannot respond immediately.